

**Lifetime Member  
UMAA**

universal martial arts association  
[www.universal-martial-arts-association.org](http://www.universal-martial-arts-association.org)

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**Member of I.F.O.J.J.**

The International Federation  
of Ju Jitsuans  
[www.ifojj.com](http://www.ifojj.com)

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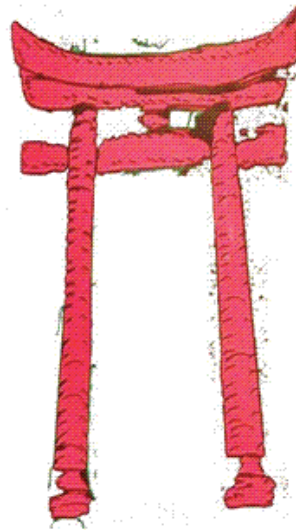
**Member of W.K.U.**

World Karate Union  
[www.member.tripod.com/worldkarateunion.org](http://www.member.tripod.com/worldkarateunion.org)

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**Member of World  
Black belt**

[www.worldblackbelt.com](http://www.worldblackbelt.com)



[www.goldendragonkarateschool.com](http://www.goldendragonkarateschool.com)

Mailing address:

9 Anna Place

Phillipsburg, NJ 08865-1773

**GOLDEN DRAGON  
KARATE SCHOOL, LLC**

1100 East Boulevard  
Alpha, NJ 08865-4421



Dojo: 908-387-1100

Cell 908-319-7294

Work 908-454-1942

Email:

[Goldendragonkarate@verizon.net](mailto:Goldendragonkarate@verizon.net)

**KARATE CLASSES:**

**Monday and Wednesday**

**Kids Class**

**6:00 - 6:45 PM**

**white belts**

**6:45 - 7:30 PM**

**orange belt and above**

**Adults and Teens Class**

**7:30 to 9:00 PM**

**Saturday Classes held**

**twice a month**

**3:30 to 5:00 PM**

**For all students**

Special family discounts for  
monthly dues

Come in or call, to sign up  
for your *free* karate class.

Ages we teach; we start at 5  
years old, if they are ready to  
learn. Teens and adults there  
is no age limit. You are  
never too old to start  
learning. Classes are for  
boys, girls, men and women.



We teach kata, weapons,  
sparring, breaking boards  
self defense, break falling,  
judo, and more.

We started together as a  
family in our training,  
came up through the ranks  
together and now we run  
the school together.

Karate is something you  
can do as a family, or as an  
individual.

It is a way of life for us, let  
it be for you as well.

Thank you,  
Polly & Gary Melick